



April 18, 2012

Dear Parents,

It's that time of the year I always look forward to as we prepare to meet next year's new challenges. The coaching staff has and will continue to work very hard on implementing new policies, rules, and regulations to our volleyball program. I am strongly confident that along with these new policies, we will enjoy a very successful year.

We anticipate a large number of girls to participate in volleyball this upcoming year. This will automatically create a great deal of competition which is good since competition brings out the best from those that are true competitors.

The number one goal of the coaching staff will be to try to determine as quickly as possible who is a "winner." By that, I mean we are primarily interested in finding girls who are real competitors. We can teach all the skills necessary to become a good volleyball player, but we are also looking for those that have the **DESIRE, DEDICATION AND DISCIPLINE** to be champions.

Experience has shown us that players, especially incoming freshmen/ middle school players, rarely take time during the summer months to work out, prepare their bodies and skills for the upcoming volleyball season. When tryouts begin, we find that generally they are in poor physical condition, lack the necessary skills and suffer because of it.

We will be having a meeting for all those interested in participating in volleyball on **Wednesdays, April 25, May 2, May 9 and May 16 at 7:00 p.m.** in the school cafeteria. At this meeting, the new coaching staff will be introduced along with information on policies, expectations, camps, open gym and tryout information. Parents must attend one of these meetings prior to their daughter participating in our program.

I am excited in working with all of you in building a winning tradition at Holy Cross High School. If you have any questions, please feel free to contact me at 210-843-0253 or email me at [ruben.calderon@holycross-sa.gaggle.net](mailto:ruben.calderon@holycross-sa.gaggle.net). Thank you.

Sincerely,

Ruben Calderon  
Head Volleyball Coach