

# ANNOUNCING A NEW PARTNERSHIP WITH THE YMCA OF GREATER SAN ANTONIO!

Take advantage of your exclusive rate for Holy Cross Faculty and Families and start your journey to wellness at the Westside Family YMCA! The YMCA strives to reach each individual at any fitness level by providing programs designed to support all of our members. Let us help you develop, maintain and improve your lifestyle!

## The YMCA offers programs for the entire family!

State-of-the-art Equipment	Group Exercise Classes
Childwatch & Kidz Club	Indoor Pool/Swim Lessons
Family Events	Senior Programs
Kidz Fit Classes	Youth Sports

Find out more about the Westside Family YMCA at our Open House event!

Saturday, October 8, 2011  
Try the Y for FREE!  
8am - 4pm

Holy Cross Family BBQ  
12pm - 2pm  
It's FREE, FUN and for the FAMILY!



Visit us at [ymcasatx.org/westside](http://ymcasatx.org/westside)  
or call us at 210.433.6391.

**YMCA Mission:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.