CrossRoads

A student publication of Holy Cross of San Antonio October-November 2010 426 N. San Felipe, San Antonio, Texas 78228

Holy Cross Celebrates Br. Andre Canonization

By CrossRoads Staff Writers

Brother Andre Bessette laid down historic ground when he became the first member in the history of the Holy Cross Congregation to be canonized.

Br. Andre became the first saint ever to bear Holy Cross's name. In 1978 he was declared Venerable by the Catholic Church, and in 1982 he was Blessed. Holy Cross of San Antonio celebrated his canonization with a "Br. Andre Day," where students wore special shirts to recognize his work. The Holy Cross family also celebrated with a community Mass on Oct. 21.

Br. Andre was a deeply devoted Catholic who dedicated his life to helping others in need. His mother taught him to pray at a very young age, and by the age of 13 Andre decided that becoming a brother was his calling. He joined the Congregation of Holy Cross in 1875 and worked as the doorkeeper and barber at the congregation's school in Canada. He was known for his miracles of healing that occurred when he prayed with the help of "Saint Joseph's oil" after burning it and praying under a St. Joseph's statue.



Felicia Alvarado and Arturo Navarro proudly show off their Br. Andre shirts on Br. Andre Day.

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New Principal Enjoys Role in Holy Cross Front Office

By Audra De Leon Staff Writer

There's a new face in the front office at Holy Cross of San Antonio.

It belongs to Principal Henry Galindo. Mr. Galindo and the Holy Cross family are still in the process of getting to know each other. "I really have always had a great respect for Holy Cross of San Antonio, but now that respect has grown into a genuine love for the school," he said.

Mr. Galindo has been in education for more than 30 years. He has taught in public and private schools, most recently as the principal of St. Anthony High School. However, he noted that he always held Holy Cross in great esteem. When he realized that he was going to be the new principal at Holy Cross, he was humbled. "My first thought was, I was very grateful to Br. Stanley and Mr. Cedillo for giving me the opportunity to become part of Holy Cross family," he said. Mr. Galindo was also forthright about the students at Holy Cross. He praised them for being very focused on their academic and spiritual growth. He also noted that Holy Cross students present themselves in a very mature, courteous, and respectful manner.

Since this is not Mr. Galindo's first principalship, we had asked him to compare other schools from Holy Cross. He said, "I feel that our students understand

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PURO HOLY CROSS

We devote this page to ideas and rituals that are unique to Holy Cross, including the silly and the serious. Please enjoy these stories that are PURO HOLY CROSS!

Tales of Tacos Tantalize Holy Cross

Tacos = Soul Food

By Marisa Alvarado Co-Editor

Tacos remain indispensable to Holy Cross students and faculty because they come from our culture as well as our souls.

We use the term "souls" because tacos represent a major part of our Mexican-American culture, including our home life. They are one of our major food choices for breakfast. "They are delicious and fun to eat," says Jessica B. Garza, junior. One of the most popular tacos is the bean, cheese, and bacon taco.

Students believe that tacos are important to the school, and teachers agree. "I'm pretty sure no one can start the day without a taco," says Coach Andy Flores, math teacher. Academic Dean Mr. Richard Vasquez agrees: "Tacos are important because they are part of South Texas culture," explained Mr. Vasquez. "Since there are different kinds of tacos, different people eat them. We use tacos as money. Tacos bring people together, and we are about family."

Tacos: Better Than Pizza?

By Valeria Cedillo Staff Writer

Holy Cross has a tasty tradition that no other schools have: the taco!

Tacos are a time-honored, amazing and delicious, anytime



Senior Tiffany Hernandez smiles as she bites into a breakfast taco in the Holy Cross cafeteria.

food. They came from Mexico hundreds of years ago, and are traditional here in South Texas, especially at Holy Cross. Admissions Director Mr. Eduardo Cedillo, '84, said, "Tacos to me are what pizza is to teenagers." He added he liked all kinds of tacos, and that they made a perfect handheld meal.

Tacos: A Way to Break Bread

By Serena Balderrama Staff Writer

Tacos have become an essential morning meal to all of the students and faculty at Holy Cross, as well as a way to bring us together as a family.

When you hear the word, "tacos" at Holy Cross, you think of a favorite food to eat for breakfast, as well as a way to "reward" certain teachers. Junior Leslie Barron says, "Tacos are important at Holy Cross because everyone likes to eat them, and it would be absolutely tragic if they (the cafeteria) ever stopped serving them."

Tacos are also provide an excuse for students and faculty to come together as a family. We use them to make bets with each other, or simply to sit down and eat them together. We also use tacos as a way to spark conversation between two strangers.

Tacos have been a part of

Hispanic/Latino history and culture since the last century, and show no time of leaving anytime soon. They give us a unique sense of identity, and are considered one of the most popular Mexican foods in Texas.

Sports Knight

Knights Ride a Winning Streak

Editor's note: At presstime, the Knights held a 7-2 (±-1) record and were preparing for the Holy Bowl.

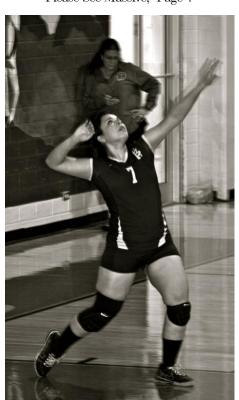
By Michael Cortinas Sports Writer

Athletic Director and new Head Coach Mike Harrison and his coaching staff have seen their high expectations for this year's team become a reality.

The Knights have been pushing a winning streak with ±0-point margins this season. This winning season may be the result of intense practice and talent. The coaches believe that this year's team has the talent and potential to be great. The word on the field and in the locker room is "state," and every player believes that the Knights have a good chance to make it this year.

After 110° summer and 3-a-days for two weeks, each player has put the time, sweat, and blood into this team to make each other better. Senior line-backer David Leal stated," If we practice hard every day we will play hard at every

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Junior Mari Cedillo prepares to serve the ball.



A Holy Cross ball carrier breaks through the opponent's line.

Volley High!

Teamwork Takes Varsity to New Playing Level

Editor's note: The Knights ended their season by going to the district playoffs in October.

By Erica Reyes and Nicole De Leon Staff Writers

New team, new dream, and new goals: This is what the 2010 Lady Knights volleyball team is all about.

Head Coach Becky Solar said, "I love the attitude in my girls; I've seen a lot of improvement in all of them."

With the help from the freshman coach, Melissa Hurtado and also junior varsity coach Danielle Ortero said this was a team that could work.

Coach Solar has also been providing a spirit bag for the player of the week. Past

recipients include Maleri Lopez, Erica Reves, and Ana Vera.

The Holy Cross varsity volleyball team is 1-4 in district and 6-18 overall. Coach Solar also said, "We have what it takes to make it into the top three, and that we must win out the rest of the season."

The varsity volleyball captains this year are Ana Vera and Alice McCoy. We are fighting hard this season and hoping to win third place in district.

With a whole new team we are all trying our best to win every game that we can, but, we are not giving up no matter how hard it is.

"If we believe we are the best than we can beat the best," said Captains Ana Vera and Alice McCoy.

Pump It Up! Pep Rally Opens Season

By Maria Ayala and Serena Balderrama Staff Writers

Holy Cross opened the school year with overflowing school spirit in the first pep rally in September.

Seniors Ricky Moreno and Jerry Musquiz pumped up students in the first pep-rally as presenters. "If you're an upperclassman, you should still act like middle schoolers if that what it takes to get people pumped up for the game," Senior Ricky Moreno said. "Upperclassmen, don't be shy and let your inner child come out. Let the room be filled with school spirit," he added.

The Holy Cross football team opened their season with success. We should celebrate for the triumph. "In the upcoming pep rallies I expect excitement and overflowing school spirit," Thomas Ledesma said.

Coach Mike Harrison said, "I expect more student spirit, less sitting, more standing, less talking, more yelling. I cannot emphasize enough about how students should have more school spirit and pride."







Photos, top right: Jerry Musquiz and Ricky Moreno lead the school in spirit cheers. Middle right: The cheerleaders perform at the rally. Bottom right: The varsity football team enjoys the first pep rally. Above photo: Students participate in the wheelbarrow race.





Principal Henry Galindo encourages a science class to work hard.

New Principal Impressed by Holy Cross Students

Continued from Page 1

the mission of Fr. Basil Moreau, and that they understand at becoming good Christians comes first before becoming good students. He noted that while he fondly remembers the students and community of St. Anthony's, he was happy to be at Holy Cross. "I do, I do miss St. Anthony students and community," he said, " but I would not trade the opportunity to be part of Holy Cross for any reason."

Holy Cross of San Antonio is honored to have Mr. Galindo as its principal. His affection and respect for the school and community is deep. Mr. Galindo is proud to be a member of the Holy Cross family, and the student body will continue to show him the true meaning of being a Holy Cross Knight, so he can transform into one as well.

Br. Andre Brings Honor To Holy Cross

Continued from Page 1

The community of Holy Cross is very excited about Br. Andre's canonization, explained Mr. Richard Vasquez, dean of academics. "They are happy, because Br. Andre Bessette will be the first brother to become a saint." Mr. Vasquez noted that Br. Andre was not the brightest of his family, but the most devout. Mr. Vasquez also elaborated, saying, "Br. Andre was a very humble man. When he died, tons of the people he healed or touched in some way, came to see his casket...it was about two to three days' worth!"

Br. Andre Bessette will be a role model for all Catholics who understand how he overcame so many obstacles in life to achieve his goal of being a lifelong follower of God. His example teaches followers of Christ that perseverance is key in succeeding in all of your endeavors.

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ACE Teachers Continue Holy Cross Tradition



Miss O'Connell

Miss Caitlin O'Connell, a graduate from Notre Dame, joined the ACE program because she was influenced by a student she tutored from her freshman year in college to her senior year in college. She said it was an amazing experience, and from that she grew to love teaching, and chose to apply for the ACE program.

Miss O'Connell grew up in Cohasset, Massachusetts. There she enjoyed playing field hockey, softball, and flag football. During her senior year and her freshman year of college she played in the flag football championship game at the Notre Dame stadium. During her freshman year, her team won. "It was an amazing experience," she said.

She graduated from Notre Dame with a degree in history. Because she is Catholic, she wanted to teach at Holy Cross.

So far she loves the Holy Cross community. She said she was very welcomed and loved that we act like a family. She also loves the good balanced academics, the traditions, spirit, pride, and everyone here. Miss O'Connell said that she loves the San Antonio community.



Mr. Jonathan Koop

Mr. Jonathan Koop is also in the ACE program. He graduated from St. Xavier High School in Cincinnati, Ohio. When Mr. Koop was attending Xavier, he was involved in sports such as lacrosse, and baseball. He always knew he wanted to do some service work, but was not sure of what to do. When he heard about the ACE program he then knew that is what he wanted to do.

Mr. Koop always knew that he wanted to go to the University of Notre Dame. This is his first year teaching, and he said that he loves really likes teaching American History. Other than teaching, Mr. Koop enjoys playing guitar, sports, football, baseball, and beating Mr. Reimer in X-Box. He said that he really likes the connection between the teachers and students at Holy Cross.



Mr. Daniel Reimer Jr.

Mr. Daniel Reimer.graduated from McGill-Toolen Catholic High School in Mobile, Alabama. When he was little he knew that he wanted to be a teacher and coach. This is what influenced him to be in the ACE program. This is not Mr. Reimer's first year of teaching. He also taught at Bishop Ward High School in Kansas. Mr. Reimer wanted to attend Notre Dame because of the sports, academics, traditions, and because his older sisters also attended Notre Dame Mr. Reimer said that he enjoys teaching chemistry, math, physics, and calculus. Besides teaching, he also enjoys watching football, basketball, and baseball. He said that San Antonio is a great place. He said he enjoys being at Holy Cross because the community is very welcoming. "Thanks for the warm welcome!" he said.

What is ACE? The Alliance for Catholic Education (ACE) is a two-year service program offering college graduates the opportunity to serve as full-time teachers in under-resourced Catholic schools across the southern United States. ACE teachers represent a broad variety of undergraduate disciplines, with a diverse set of backgrounds and experiences. While teaching, participants live in small communities of ±-7 members and together share the many challenges and rewards of beginning teaching. ACE participants are encouraged to develop their own personal spirituality in the context of community, and to share with one another the journey of becoming committed Catholic school teachers (www.nd.edu).

Yoga stretches minds, bodies of students Yoga is a traditional physical and mental practice that originated in India thousands of years ago. Rev. George Wood leads a yoga class on Tuesdays and Thursdays from ±:00 pm to 5:00

Rev. Wood said he decided to offer yoga classes as an alternative extra-curricular activity: "I felt the students would have physical flexibility. I also felt that students who are not interested in other sports could have fun."

Rev. Wood, who has trained with yoga experts, also touched on the idea of yoga as exercise. He explained that yoga offers an alternative view: "I wanted to bring peace and harmony Please see Yoga, Page 7

Massive Leads Mark Season for Knights

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game. Each and every player gives 100% each day to make himself, and his teammates, better."

On Sept. 17, the Knights marched into Lytle to battle against the Pirates. During the week, hype built up in anticipation of facing former head coach Arnold Martinez. Coach Harrison told the team that. "if we think we're going to beat Coach Martinez, we're not because he won't be playing. We are going to beat his play- Game Summaries: ers!" The Knights took a 26-0 lead after the first quarter. The first half wrapped up as the Knights took a +3-0 lead over the Pirates. The second half of the game had only one touchdown which was a 1vard run by J.D. Hernandez with 3:23 left in the third quarter. The game ended in a +9-0 win over the Lytle Pirates, as the defense played a major role in only allowing 110 yards total offense. The Knights began week 5 looking at district opponent Brownsville St. Joseph.

Game	Score	W/L
HC v. Somerset	48-42	L
HC v. TMI	41-7	W
HC v. Southside	47-13	W
HC v. Lytle	49-0	W
HC v. B'ville St. Joe	48-7	W
HC v. Vict.St. Joe	43-7	W
HC v. St. Anthony	60-12	W
HC v. St. Michael	35-26	L
HC v. Antonian	51-3	W

Students Find Relaxation in Yoga Practice

Continued from Page 6

in exercise."

Teachers and students seem to enjoy the twice-perweek classes. English teacher Marci Rodriguez tried yoga and said, "Its something I have never tried before... I also heard good things about it...it also relaxes me."

Mrs. Patricia Yznaga, English and Journalism teacher, was enthusiastic about yoga. She said, "Yoga is a wonderful meditation and good for your mind. It's also the is good for strengthening; it is enjoyable. It increases flex-roar. ibility, muscle strength, and your balance."

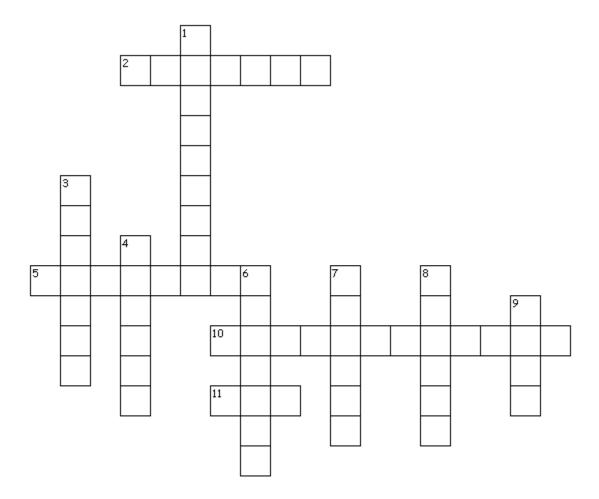
es. "I always heard that yoga is relaxing and it relieves my stress... it was different for me and it was very relaxing," she said. Amanda Villasenor, junior, finds yoga to be a rewarding investment of time: "I did not have anything else to do... I wanted to be relaxed and the stress that I experienced was to go away...When I get out I feel calm and cleansed," she said. "I think that yoga is really fun to do." A fellow member of the class, Junior Richie Montesdeoca, explained, "I feel more flexible when it comes to feeling peaceful and comfortable... it helps with my running, it is something to do after school, and it inbest way to warm up the mind and body connection. It creases my skill in other sports." He said his favorite pose is the lion's

Yoga practice is open to Holy Cross students and teachers. Junior Adriana Flores-Calderon also enjoys the class- Please see Rev. Wood if you have any questions.

These horoscopes are non-scientific and meant to be fun in nature. Don't be so serious!!!

stress will leave and it's smooth sailing on the 1+th (: Chill the rest of the month & be ready to have fun!!!	Your help will be needed greatly on the 23rd, so be ready to give your true opinion. Full moon is coming out and it will boost your powers of Confucious and you will be able to get anyone out of the gutter!	You are the bright and rad one in the zodiac! You can't have happy endings for everyone else in your life. Don't stress yourself.	up your lovelife. This unusual at- traction will be fun. Be Adventur- ous!
Your social life will not be in sync. Sorry buddy! Blame Mercury. Chat with everyone face-to-face. You'll see what's up	someone in a different way, whether it be character or looks. You will be getting in an INTENSE conversation on the	if you want to prove yourself in something you need to buckle down & go hard! Gear up to	Taurus (4/20-5/20) We see flirty texts with you and a certain someone. I'm senseing somthing on the 11th, but remember NO DRAMA!!!!! Just ask, Is this new connection worth it?
You're beyond competitive. It's that Knight spirit in your blood! This may ignite drama or jealousy. Just use your Gemini wits to get out of trouble.	You're beyond out going right	yourself. Cash will come flowing in. \$\$\$\$\$\$\$\$\$!	Virgo (8/23-9-22) You're always the one who people go to for advice, whether it be about looks or love, but you won't want to be so help- ful. Don't worry, it's your time. Be selfish. You have something great coming your way.

St. Andre Bessette Crossword Puzzle



Across

- 2. Title for someone who is in the second step to becoming a saint
- 5. Saint who Br. Andre honored
- 10. Final step to becoming a saint
- 11. Special item used by Br. Andre

Down

- 1. Title for someone who is in the first step to sainthood
- 3. Place that Br. Andre built to honor St. Joseph
- 4. Br. Andre's job
- 6. The miracle for which Br. Andre was known
- 7. Country where Br. Andre lived
- 8. Considered to be Br. Andre's greatest strength
- 9. Name of Br. Andre's congregation